



Kinder News

A message from your President, Kylie Osborne...

Hi Everyone

Welcome to term 3!

We've had a few events recently that have kept us all very busy. The end of term 2 kinder Disco was a huge success as always and I'd like to thank the committee members and teachers for doing such a great job with the set up/clean up and of course grooving with the kids for the evening.

We also had our first Bunnings sausage sizzle at Nunawading over the school holidays. This proved a great success and a fun event even with the afternoon rain. I'd like to once again thank the committee and their partners and the other parents that volunteered their time to assist on the stall.

A very big thank you to Tim Campbell and Barclays Cafe for sourcing our sausages at a great price, cutting all those onions and for storing it all at Barclays through the day. This proved invaluable on the day and we can't thank Tim or Barclays enough.

Of course this term we have our Trivia Night / Silent Auction on August 20th. This event is really important to our fundraising and we really need our kinder families to help us make the night a huge success. The Trivia Sub-Committee are working at fever pitch at the moment pulling all the last minute details together to ensure it's a fantastic night. Some of the items we have up for auction on the night include: A stunning gold bracelet, sporting memorabilia, accommodation, family passes, golf vouchers, dinner vouchers etc etc etc.... Tickets are on sale now so please complete the order form asap and come and enjoy the fun. You can book an entire table, or just a ticket and we'll place you on a table.

Look forward to seeing you all at the trivia night.

Kylie

Upcoming Events at the Kinder

- **July-August**
Picture Plate Keepsake orders
- **Saturday 20th August**
Trivia Night

The biggest fundraising event for the kinder!

Where: Great Ryrie Primary School Hall

Time: 7.00pm

Tickets: \$15.00 per person

Organise a table of Approx 10 people or we can place you on a table with other parents and friends.

So start studying up and bring your gold coins for games. There's prizes to be won, so you have to be there to win.

- **Thursday 20th October**
Art Gallery

More details will be provided in upcoming newsletters.

CLUSTER MANAGEMENT

There is a lot of regulatory change in the kindergarten sector at the moment, with new governing laws coming into effect in 2012 and the move to 15 hours kindergarten for 4 year olds commencing in 2013. For this reason, the Greenwood Park Committee of Management has extensively explored the option of joining a Cluster Management group called Best Chance.

The Committee of Management, with the Teachers' and Assistants' full support, has unanimously voted for our kinder to join Best Chance, along with 6 other Kindergartens within the Maroondah municipality. Being part of a Cluster will enable us to be the best prepared to embrace the upcoming changes; giving us the greatest outcomes for our children, staff and kinder community.

In very basic terms a Cluster Manager is when a Not- For-Profit Community Organisation takes over the licensing and employment responsibilities of running a Children's Services Centre. It provides a more professional work environment for our staff and greatly reduces the legal burden and compliance workload for current and future committees. We do not pay for this service, rather the Department of Education and Early Childhood Development (DEECD) provides the Cluster Manager with a grant for each service they look after, so there is no additional cost to us. (If you would like to read more about Best Chance please visit their website <http://www.cfcn.org.au/> Please also read the attached 'fact' sheets provided by the DEECD which explains the concept in more detail.

The appointment of Best Chance will not directly change or affect our families or our educational program however it will reduce the burden on our committee members and provide our staff with additional support and professional development opportunities. Best Chance will become a fantastic resource for both the committee and the staff as our kinder undertakes the changes set for 2012 and 2013. A firm date for the license and employment handover is likely to occur in October of this year.

If you have any questions or concerns please do not hesitate to contact myself or the teaching staff.

Kylie Osborne
President

Quality Assurance Update

All the completed surveys have now been collated and evaluated. We thank all the families that took part. The survey process helps us evaluate our services to you, and how we can improve to make the kinder a better place for all!

The overall responses were very positive which is great to hear! We have implemented some of the ideas which were provided to us. Some of the changes made are:

- Recycling box moved from the foyer area
- Reminded parents about the display book for the fours, which shows parents what they have been doing in their sessions.

Some of you also mentioned that our kinder was looking a little tired inside, so we are going to give it a fresh coat of paint! Stay tuned for this! Please also remember we have a feedback box in the foyer so you can provide us with your suggestions and ideas at any time!

Policy for Picking Up Your Children from the kindergarten

For the safety of our children we are reminding parents to inform family members and friends that they will be required to provide photo identification when picking up your child if they are not familiar to the teachers. Please also inform the kindergarten of the person(s) you have selected to pick up your child.

Kindergarten Cluster Management

What is Kindergarten
Cluster Management?

Kindergarten Cluster Management

Kindergarten cluster management brings together a group of community managed kindergartens under the management of a single organisation. It is a key strategy to building a stronger, more responsive universal kindergarten service system.

Kindergarten cluster management is actively supported, promoted and funded by the Victorian Government through the Department of Education and Early Childhood Development (DEECD).

The Government's vision for kindergarten cluster management is a system that underpins the delivery of high quality kindergarten programs across the state, and is available to every community based kindergarten in Victoria to provide a platform for reform in early childhood education and care.



What do they do?

Kindergarten cluster managers are responsible for the overall management of kindergartens in the cluster, and provide professional employment arrangements for the teaching staff. This allows parents to spend their time enjoying their child's kindergarten experience.

Arrangements between kindergarten cluster managers and kindergarten services can be tailored to meet the local needs of services. These arrangements are then agreed and documented to record the roles and responsibilities of each party.

The primary responsibilities of the kindergarten cluster manager are:

- **Employment of staff** and all related activities. For example salaries, tax, staff appraisals and professional development.
- **Licensing requirements** and all related activities. This includes becoming the licensee of the kindergarten, managing kindergartens to ensure regulatory and funding requirements are met, and liaising with Department of Education and Early Childhood Development officers.
- **Financial management** of kindergarten cluster funds including the development of budgets.



Every
child
every
opportunity



Kindergarten Cluster Management

Frequently Asked Questions

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What are the responsibilities of the kindergarten cluster manager?

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The primary responsibilities of the kindergarten cluster management organisations are:

- **Employment of staff** and all related activities. For example, salaries, tax, staff appraisals and professional development.
- **Licensing requirements** and all related responsibilities. This includes becoming the licensee of the kindergarten, ensuring regulatory and funding requirements are met, and liaising with Department of Education and Early Childhood Development officers.
- **Financial management** of kindergarten cluster funds including the development of budgets.

How will kindergarten cluster management affect the role of the committee of management?

In addition to relieving the administrative pressures on voluntary committees of management, kindergarten cluster management:

- provides parents with more time and flexibility to participate in the kindergarten program.
- provides more consistent and professional employment conditions for kindergarten staff.
- utilises the experience, skills and knowledge of the kindergarten workforce through providing access to networking opportunities information sharing and support services.
- promotes greater integration of early childhood services at the local level.
- improves the planning and provision of kindergarten services at a local and state wide level including helping kindergarten services to manage change.

What happens to the parent committee?

Under kindergarten cluster management arrangements, the local parent committee or sub-committee plays a role in providing opportunities for parents to contribute to decisions that affect the operation of their kindergarten.

Committees are able to negotiate the level of responsibility that they take on with the kindergarten

cluster manager. Responsibility and maintenance of the grounds, fundraising, provision and purchase of consumables, purchase and maintenance of equipment and fee collection can be negotiated between committees and kindergarten cluster managers.

What will it mean for our service if the committee ceases to be the licensee of the kindergarten?

- The committee will no longer be responsible for ensuring that the kindergarten complies with regulatory and legislative requirements.
- The new licensee will be responsible for negotiating any future licensing arrangements with the Department of Education and Early Childhood Development (DEECD).

We are a community based long day care program with a funded kindergarten program. Are we able to join a kindergarten cluster?

All community based, not for profit services operating a funded kindergarten program are eligible to join a kindergarten cluster. This includes long day centres operating a funded kindergarten program.



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Welcome to term 3, this year is really racing away from us and before you know it, it will be the end of the year. It was great to see all the children so eager to be back at kindergarten after the two weeks of holidays. We caught up with all the wonderful things the children did over the holidays. It was a pity that the weather was so awful and that we were all confined to indoor activities. Hopefully the weather will improve as we have lots of fun things planned to see, do and learn for term 3. *Some information since our last newsletter which seems so long ago.....*

Jack and Molly incursion was on the 17th June. The children had lots of fun and as always Jack and Molly were brilliant. The show was all about things that can fly. The children were asked to draw pictures about things they thought that could fly; one child drew a picture of his mum (luckily she wasn't on a broomstick). The children learnt about the lifecycle of a ladybug and this was presented to them through a story and use of props. The children also learnt about rockets and the children were given the chance to launch a rocket (balloon) to the sky. Jack and Molly gave us some big balloons to use and the children played this game outside.

At the end of last term I met with parents for parent teacher interviews. This process was extremely beneficial as I am able to strengthen my relationship with the families, talk to them about their child's development, and discuss concerns. Thank you parents for all your support and hard work in helping Greenwood Park Kindergarten to be so FANTASTIC!!!!

In the second last week of kindergarten we had our evaluation drill. The children responded well to this and exited the building quickly. It is important that we practice this each term so the children are familiar with the procedure if there is ever a real fire in the kindergarten. This time the "fire" was in the gas heater so we exited the building through the bathroom. It is also important that we practice different exit routes so the children don't just learn only one way to exit. This term we will be again practicing our fire drill and also a lock down. A lockdown is an emergency protocol to prevent people leaving or entering the building. It can be used to protect people inside the kindergarten from a dangerous external event.

I have been incorporating a lot more enquiry based activities into the curriculum. There are a few children that love to ask questions about different animals and creatures. I have been resourcing books about different animals that we offer the children to play with e.g. when we have frogs out – have a non-fiction book about frogs. I have also been using the internet to get the answers to children's questions eg. a child wanted to know why Derek was an axolotl and not a salamander. It is always great that I am able to answer the children's questions straight away as it shows that I value them and their questions.

This term we will be teaching the children to find their names and will be encouraging the children to paste their name onto their artwork. This promotes the children's recognition of their own name, assists children with writing their own name (they have something to copy right in front of them) and their independence. We will also be using name cards to direct children to the bathroom and they have to find their name at the table before they sit for snack. This also allows us to encourage children to sit at the tables with people that they usually don't interact with thus encouraging social skills and independence. Many children have started to take an interest in using scissors, so we will be teaching the children how to hold scissors and teaching them how to cut along lines. This will further encourage children's fine motor skills. We have a range of scissors both left handed and right handed. These scissors are specifically designed for small hands to assist children with cutting. A tip for when you are on Kinder duty, the green handled scissors are for left handers.

On the 4th of August it is National Aboriginal and Islander Children's day. We will be incorporating many activities into our program on this day. We spoke to the children about the colours of the Aboriginal flag and what they represented – the yellow for the sun, the red for the earth/dirt and the black to represent the people. We discussed the fact that not all Aboriginal people have dark skin and just like everyone each and every person is different.

The children used black, red and yellow colours to paint with; they printed Aboriginal symbols with the stampers, and did some painting onto shields. We spoke about how the Aboriginal people used the shields when fighting other tribes and to carry food stuffs. The children participated in songs and used songs to celebrate National Aboriginal and Islander Children's day.

We celebrate and encourage children throughout the year to learn about different cultures. This includes having pictures around the room of children and reading books to children depicting people of different nationalities, people in the doll's

house depicting different races, singing of songs in different languages, having equipment in home corner from other countries. These are just some of the ways that we encourage children to be tolerant and understanding of people from other cultures.

Fiona Grey is our new student this term. She will be working Wednesdays and Fridays until the end of the term. Fiona has two children aged 2.5 and 8 years.

Emma Button is bringing Harriet to the kindergarten and bathing her with the children. This will be great for the children that don't have younger siblings and haven't seen a baby bathed before. We are incorporating activities around babies. This is also to support the children that have had younger siblings born over the last few months.

When I have finished collating all the information about parent's opinions about the excursion for term 4 and the end of year concert, I will inform families of the decision. Thank you to the parents who took the time and effort in completing this survey. It is always important that the curriculum reflects the wants and needs of both the children and their families. The children have been working very hard on producing the mosaic table for the trivia night. We need to add some more tiles and then grout the table top. I will then sand the legs and sides of the table and paint it black. Hopefully it will look great and fetch a pretty penny at auction. So please open your wallets and spend big \$\$\$\$\$ for this beautiful piece of artwork that the children have spent some time and effort into producing.

Thanks
Theresa and Leesa

Upcoming events for term 3:

PJ Day 17th August

Father's nights 31st August and 1st September

Special Person's day 9th September

Footy day 23rd September.

Congratulations to the
Campbell family on
the birth of Louie.

Cross stitch frames

Has anyone got old cross stitch frames at home that you want to get rid of; we would love to take them off your hands.

Module 4 Information still
to come as I had not yet
attended this training
session

Happy Birthday:

Hayden 6th July

Boon 21st July

Ana 9th August



Congratulations

Leesa Plant

*For completing your Certificate III in
Children's Services.*

Well done, we are very proud of you



Seals & Jellyfish News



What skills do children need for a smooth transition to school?

We asked several Prep teachers from local Primary schools to find out. Here are some of their ideas:

- .. Creative thinking skills
- .. Be able to follow short, simple instructions
- .. Listening skills
- .. Ability to sit & listen to a story
- .. Able to share
- .. Able to pack own bag and carry it into school
- .. Responsibility for own belongings
- .. Able to clean up after themselves and open and close lunch boxes
- .. Able to dress themselves & put on socks/shoes
- .. Follow simple rules
- .. Use clear age appropriate speech

Many schools are beginning to send out their acceptance letters to families. They may request names of other children who will be attending prep with your child from kinder. If you wish to share this information with other families please sign the form in the foyer.

Thank you to all the families who have selected days on the roster to assist at kinder. Parent support is critical to quality education in early childhood. It allows staff to work with small groups of children and spend some one on one time with individual children to closely observe their skills, interests and identify areas that may need support or challenge. If you have not yet placed your name on the roster, please select a few sessions a member of your family can assist.

Pre-service Students

Welcome to Maureen Platt

Maureen is an RMIT Graduate Diploma of Early Childhood student undertaking professional practice at our kindergarten. Please make Maureen feel welcome as she completes her practicum and implements experiences with the children.

No Toys Please!

Over the last couple of months we have noticed an increase in the children wanting to bring items such as toys and jewellery from home. Lately some of the children have become upset when they have lost these items. We enjoy sharing special events that your family might have experienced with an artifact such as shells from the beach etc, however we then encourage parents to take this items home after we talk about them or kept in the child's hat pocket until home time. Please encourage your child to leave valuable jewellery and toys at home unless they are related to the current focus. This will mean that favourite or expensive toys will not be lost or broken. Greenwood Park Kinder is a WAR TOY FREE ZONE.

Coming Up:

- This week: Multicultural lunch days: cooking foods from different cultures to share.
- 9th of August: David the Music Man
- 16th of August: Emergency procedure practice
- 22nd August: Melbourne Museum to visit kinder with dinosaur fossils
- Twilight Kinder: SEALS GROUP- Tuesday 6th September 6.30-7.30pm; JELLYFISH GROUP- Thursday 8th September 6.30-7.30pm
- **Bring along a male role model to kinder for night time kinder.**
- 12th of September (SEALS) & 15th September for (JELLYFISH): Football day: Playing footy drills etc out on the Greenwood Ave Oval. We would love lots of parent volunteers to help supervise and help run this event. Dads are very welcome to help out.
- 20th of September: Families to meet at Kew Traffic School. If your child has a bike and helmet, please bring this along with you. After a road safety talk with the educators at the school the children will be able to practice road safety skills while riding bikes around the street scenes of traffic school. They will have to stop at traffic lights, watch for pedestrians, navigate around a roundabout etc. They might even get to stop traffic when they dress up as a crossing supervisor. More information to come.
- End of Term 25th September

Happy Birthday:

Seals: Aaron

Jellyfish: Declan and Ty



Kindergarten Curriculum

The newsletter contains highlights of our program- if you'd like to know more, please have a look at our weekly program displayed on the notice board.

We have been singing:

- How do you do it?
- Days of the week (to the tune of the Addams family)
- Two little cockatoos flying to Echuca
- An Aboriginal greeting song from the Gunai Region: Wuma Ninji
- Black socks
- Rat-a-tat-tat (we also sign the words)
- The Winter song from All Together
- 5 little snowmen
- Aiken Drum with Karen on the guitar and children suggesting different food he could wear.
- Acting out 3 Jellyfish and 5 little ducks
- Tie me kangaroo down sport
- Inay
- Red, Black and Yellow (A dancing song about the Aboriginal flag)
- Koorie Kids
- The Hairy One
- One finger, one thumb keep moving
- I am the Music Man
- Postie, Postie deliver me a letter

We have been talking about:

- Rhyming words
- Friendship and how to be a good friend
- Our favourite book characters and classic stories and fairy tales
- Winter and the weather
- Days of the week
- Clothes and getting dressed
- Different art mediums
- The Aboriginal Flag
- Indigenous people of Australia
- Symbols in Aboriginal artwork
- Different cultures and food they cook and eat

Some stories we are reading:

- Hattie and the fox
- The Three Billy Goats Gruff
- Shoes from Grandpa
- Wild Weather Soup
- Stone Soup
- The Wind Blew
- How do I wear it?
- The Bad Tempered Lady Bird

- The Apple Tree
- The Wind Blew
- Look see
- Look at Me!
- Who is afraid of the Hairy One

We have been practicing:

- Physical skills such as hopping, balancing, climbing, running, kangaroo jumping, throwing and catching balls.
- Body awareness through dance and talking about different parts of our body.
- Using the talking stick during group discussions.
- Turn taking.
- Fine motor skills and coordination- cutting, drawing, ripping paper, finger painting, using play-dough and sand play to help strengthen the muscles in the children's fingers.
- Acting out stories and creating our own stories.
- Using communication skills to describe objects and make clues during small group games such as "Postie, Postie", "I wrote to the Zoo" and "Bug in a rug".
- Making patterns and following visual directions
- Cooperating and taking turns in small group games
- Literacy skills through symbolic play and acting out stories. The children are really enjoying creating letters for loved ones in the Greenwood Park Post Office
- Musical concepts such as loud and soft, the beat etc
- Listening skills through small group games
- Communication skills through puppetry and language games
- Independence skills and looking after our belongings

Some of the children's favourite experiences:

- The kinder disco
- Acting out the story of the 3 Billy Goats Gruff in a variety of ways: with a magnetic story set, finger puppets, defined play space with goat toys and the book, acting it out on the bridge outside.

- Using fairy dust to make "magic" outside (Seals)
- Tahlia and Taylor, students from Ringwood Secondary performing to the Seals group. They danced and sang during the performance and taught the children a dance and information about their instruments.
- Dressing up on the last day of term as a book character.
- A visit to kinder from Ranger Dan and Numbat to sing some songs with us (Jellyfish)
- Listening to stories with headphones at the listening post.
- Writing and delivering letters to our friends using the Greenwood Park Post Box.
- Dressing up as different animals and buying and selling pets in the dramatic play area.
- Cooking "stone soup"! The children did a fabulous job cutting up all the vegetables to add to the stone. It was delicious.
- Weather science experiments such as making it rain and recording how much rain our rain gauge has collected.
- Creating our own weather charts to take home.
- Listening to a piece of music and responding to the lyrics through drawing. We listened to a winter song and the children drew about the concepts explored in the song such as rain falling from the clouds, the sun hiding, water dripping from leaves, being warm inside etc.
- Playing some new group games like "Postie, Postie", "Bug in a Rug" and "What's the time Mr Wolf"
- Using musical instruments to tell a story and play Indigenous music such as Inay.
- Retelling the story of "When the Wind Blew" by Pat Hutchins with props
- Measuring rain caught in the rain gauge and making wind socks.
- Celebrating National Aboriginal and Islander Children's Day
- Using Aboriginal symbols for a natural treasure hunt.

Kids Go For Your Life

In most households, the kitchen is where the action is. Sharing your kitchen with your children encourages their interest in cooking. It's also a fun way to encourage lifelong healthy eating habits.

Benefits of cooking with children

There are all sorts of things that your child can learn while helping you to cook, including:

- new words (whisk, peel, egg beater and grater)
- mathematical concepts (half, one teaspoon, 30 minutes)
- an appreciation for doing things step by step
- maybe even some patience, while waiting for that cake to rise!

Cooking with kids gives you the chance to introduce them to a range of fresh, healthy foods. It's also how you can turn a chore into a way to spend time with your children.

Cooking with toddlers

Almost everything that involves a toddler involves time and patience. This means it's a good idea to save cooking together for those days when you have plenty to spare. At this age, your child will mostly be watching and learning, but toddlers can help with things like greasing the muffin tin and handing over utensils. Simple recipes such as pita bread pizza, fruit salad and green salad won't drag things out too long. They can also provide lots of interest during both preparation and eating.

Many tasks are still difficult for toddlers to manage alone. So it can be a good idea to focus on **thanking your toddler for helping**, rather than trying to teach your child to do something perfectly.

Cooking with preschoolers

With preschoolers, you can **talk about which foods are healthy** and why. This is also a good age to introduce recipes that involve 'building'. This could include layering toppings on a pizza base or spooning yoghurt, cereal and fruit into a glass to make a tasty and healthy dessert.

You can try making some of the following:

- Muffins: add raisins, chopped apples, mashed banana, cooked pumpkin or grated carrot.
- Fruit and yoghurt smoothies: shake them in a jar if you don't have a blender or want to keep this fascinating toy hidden from your child for a bit longer.
- Mashed potatoes: let your child have a go with the masher, and jazz up the spuds with yoghurt and herbs or another vegetable such as celeriac.

- Biscuits: your child can cut out shapes or put spoonfuls of mixture onto the baking tray.

Preschool children can help set the table, serve food and clean up. **Cooking also helps preschoolers learn basics about measuring, counting and washing** vegetables and fruit, as well as new words.

Cooking with school-age children

Once at school, your child will probably love helping in the kitchen and making menu suggestions.

You can now try more complex creations, such as:

- pancakes
- soup
- fried rice
- biscuits – let your child roll out the dough, cut out shapes and decorate
- gnocchi and pasta – with or without a pasta machine
- cakes.

Your child can also help do the dishes and clean the table now.

This is also a good age to **involve your child in choosing fruit and vegetables**. You can teach your child about what's in season and which vegetables look fresh. Let your child pick out the fruit and vegetables for the next few meals.

Kitchens are dangerous places – for kids of all ages – so certain ground rules need to be followed. Knives, electrical appliances and hot stoves are all hazards. So too is carrying a pot of hot water to the sink when there's a small person nearby. You can use the kitchen environment to teach your child about safety.

Last week we cooked "Stone Soup" with the Seals and Jellyfish groups.

The children were very enthusiastic to prepare and eat the soup after acting out the story. You might like to try it at home.

Stone Soup

1. Collect a clean smooth stone as the base for the soup.
2. Cut up a variety of vegetables. We used vegetables that were manageable for the children to cut themselves such as cabbage, beans, put cut pumpkin, celery, onion, parsley.
3. Put all the vegetables and the soup stone in a pot.
4. Cover the vegetables with stock and water.
5. Boil until vegetables are cooked.
6. You can also add some pasta to your soup.
7. Enjoy!





Bunnings Sausage Sizzle

We'd like to thank the following volunteers for their time and effort manning the kinder's sausage sizzle fundraiser stand at Bunnings in Nunawading: Kylie & Justin Osborne, Sarah & Brian Hanly, Justin Lee, Richard Bailey, Belinda Campbell, Karen & Stuart Thompson, Tim Button, Ann-Maree Bosomworth, Richie Lobert, Tanya Griffiths, Marie & Janek Mucha, Grant Lancashire, Amanda McLeod, Michelle Burgess and Natalie Moffatt.

Despite the inclement weather, the crew's positive attitude and smiles managed to raise **\$1,300**.

A big big thankyou also goes to Tim Campbell and Barclays Cafe for supplying the well priced sausages , slicing up the onions and storing the sausages for us through the day.

Do you have some spare wood bits lying around in your shed?

Our kinder's supply of wood for the carpentry table activity is running out fast and we would be grateful for your donation of small wood pieces. The children really enjoy this activity and at the same time they are developing some fine motor skills while allowing them to be creative..

CADBURY CHOCOLATE DRIVE

Thank you to all who have participated in this fundraising event.

The total raised so far is \$1,100 which will go towards a Digging Patch for the children.

We're also kindly reminding families who have yet to return the money raised from their allocated box, to place the money in a clearly marked envelope and deposit it in the fees box.



Pauls
COLLECT A CAP
10¢ for every cap Every Cap Counts!

Help support our community through the Pauls Collect-A-Cap program

For every specially marked Pauls Collect-A-Cap that you bring in, Pauls will donate 10c towards our cause.

**Extra! Extra!
Read all about it...**

GREENPAGES ADVERTISEMENTS



Want to place an ad?

You can place an ad in Kinder News for as little as \$10.

1. Place your payment in an envelope, marked "Greenpages advertisement".

Please also include on the front of the envelope:

- a. your business name
- b. contact name, and
- c. contact details

2. Place your envelope in the Fees box located at the foyer.

3. Once payment is received, your advertisement will be published in the next Newsletter.

Note: For more information or for details on providing artwork, please contact Marie on 0409 774 644 or email her at m.mucho@bigpond.net.au.



BARCLAYS
CAFE

Address

196 Canterbury Road
Heathmont VIC 3151

Tel: (03) 9738 2366

Fax: (03) 9738 2377

Email:

enquiries@barclayscafe.com.au

Hours:

Monday – Friday

6.30am- 4.30pm

Saturday- Sunday

7.30am - 4.30pm

BREAKFAST

Opening at 6.30 am, Barclays Cafe provides the ideal opportunity to start the day with a meeting or casual chat whilst enjoying breakfast and coffee. Breakfast is the most important meal of the day, so we offer a wide range of options to suit every taste

Groups are easily handled, with the option to meet around a large table or outdoors in the courtyard (weather permitting).

Barclays healthy-eating breakfasts include ingredients such as gluten-free muesli, whole-grain breads, free range eggs, a range of low-fat milks and soy milk, and most menu items can be altered to suit specific dietary requirements.

MORNING TEA AND AFTERNOON TEA

Taking a break for morning or afternoon tea helps us to slow down, reflect and stop the often hurried pace of our lives. Whether it's a simple cuppa between two friends or a light snack to tide you over, Barclays Cafe has just the right choice for you. You don't need a special reason, it's always good to break up the hurried pace of any day. We make our own special recipe sweet and savoury muffins and friands on site every morning and together with a wide range of biscuits and cakes that complement our FAIRTRADE coffee blends.

Barclays Cafe is an ideal location to complete a business meeting or just to take a break and meet with friends.

Barclays can cater for your business needs and you can choose from a range of sandwich platters, cake selections, or custom made orders, with glutenfree items also available.

LUNCH

At Barclays Cafe we offer you the chance to take it easy whilst we prepare your meal, with the added comfort of knowing you will always be getting high quality ingredients that taste great.

Lunch at Barclays Cafe could be a freshly made sandwich, filled with all your favourite salads. It could be an item from our vegetarian menu for those who love nothing more than crisp, fresh food. Or alternatively your taste buds might lead you towards a steak sandwich grilled to perfection. Or if you simply can't decide, then why not look at our ever-changing specials board for inspiration?

Barclays Cafe also offer a range of Gluten free menu items for your consideration and selection.

So next time your lunching with friends or colleagues, treat yourself and visit us at Barclays Cafe.



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www.jumpnbounce.com.au

www.babyaccessories.net.au

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